The Psalter used for Divine Office at St. Gregory's Abbey is *The Grail Psalter*, in which the numbering corresponds to that of the Latin Vulgate and the Greek Septuagint. In the *Book of Common Prayer*, on the other hand, as well in as most modern Bibles, the psalms are numbered according to the Hebrew Bible. In order to assist those who may wish to coordinate their own private recitation of the Divine Office with the Office as prayed at the Abbey, the following conversion table is offered.

MATINS

Psalm 3 ..... Psalm 3
Invitatory: Psalm 94 ..... Psalm 95

1st NOCTURN

Sun: Pss 20, 21, 22, 23, 24, 25 ..... Pss 21, 22, 23, 24, 25, 26
Mon: 32, 33, 34, 36*, 37 ..... 33, 34, 35, 36, 37, 38
Tue: 45, 46, 47, 48, 49, 51 ..... 46, 47, 48, 49, 50, 52
Wed: 59, 60, 61, 65, 67* 60, 61, 62, 66, 68,
Thu: 73, 74, 76, 77*, 78 ..... 74, 75, 77, 78, 79
Fri: 85, 86, 88*, 92 *(or 75‡)*, 93 ..... 86, 87, 89, 93 *(or 76‡)*, 94
Sat: 101, 102, 103*, 104* 102, 103, 104, 105

2nd NOCTURN

Sun: Pss 26, 27, 28, 29, 30, 31 ..... 27, 28, 29, 30, 31, 32
Mon: 38, 39, 40, 41, 43, 44 ..... 39, 40, 41, 42, 44, 45
Tue: 52, 53, 54, 55, 57, 58 ..... 53, 54, 55, 56, 58, 59
Wed: 68*, 69, 70, 71, 72 ..... 69, 70, 71, 72, 73
Thu: 79, 80, 81, 82, 83, 84 ..... 80, 81, 82, 83, 84, 85
Fri: 95, 96, 97, 98, 99 *(or 91‡)*, 100 ..... 96, 97, 98, 99, 100 *(or 92‡)*, 101
Sat: 105*, 106*, 107, 108 ..... 106, 107, 108, 109

**These psalms are divided and are counted as two psalms.*
‡These psalms are substituted when a feast occurs on a Friday.

LAUDS

Daily: Psalm 66 . . . . . Psalm 67
Sun: Psalms 50, 117 and 62 . . . . . 51, 118, 63
But in Eastertide, Christmastide, and on feasts and solemnities:
Psalms 92, 99 and 62 . . . . . 93, 100, 63
Mon: Pss 50, 5 and 35 . . . . . .51, 5, 35
Tue: Pss 50, 42 and 56 . . . . . .51, 53, 57
Wed: Pss 50, 63 and 64 . . . . . .51, 64, 65
Thu: Pss 50, 87 and 89 . . . . . .51, 88, 90
Fri: Pss 50, 75 and 91 . . . . . .51, 76, 92
Sat: Pss 50 and 142 . . . . . .51, 143
Daily: Psalms 148, 149 and 150 . . . . . 148, 149, 150

TERCE

Sun: Ps 118:1-32 . . . . . .119:1-32
Mon: Ps 118:81-104 . . . . . 119:81-104
Tue: Ps 118:153ff 119:153ff
Wed: Pss 8-9:21 . . . . . 8, 9
Thu: Pss 14 and 15 . . . . . .15, 16
Fri: Ps 17:26ff 18:26-end
Sat: Pss 121 and 122 . . . . . .122, 123

SEXT

Sun: Ps 118:33-56 . . . . . .119:33-56
Mon: Ps 118:105-128 . . . . . 119:105-128
Tue: Pss 1 and 2 . . . . . 1, 2
Wed: Pss 9:22ff and 10 . . . . . .10, 11
Thu: Ps 16 17
Fri: Pss 18 and 19 . . . . . .19, 20
Sat: Pss 123, 124 and 125 . . . . . 124, 125, 126

NONE

Sun: Ps 118:57-80 . . . . . 119:57-80
Mon: Ps 118:129-152 . . . . . 119:129-152
Tue: Pss 6 and 7 . . . . . 6, 7
Wed: Pss 11 and 12 . . . . . 12, 13
Thu: Ps 17:1-25 . . . . . 18:1-25
Fri: Pss 119 and 120 . . . . . 120, 121
Sat: Pss 126 and 127 . . . . . 127, 128

VESPERS

II Sun: Pss 109, 110, 111 and 112 . . . . . 110, 111, 112, 113
Mon: Pss 113, 114, 115-116 and 128 . . . . . 114, 115, 116-117, 129
Tue: Pss 129, 130, 131 and 132 . . . . . 130, 131, 132, 133
Wed: Pss 134, 135, 136 and 137 . . . . . 135, 136, 137, 138
Thu: Ps 138, 139 and 140 . . . . . 139, 140, 141
Fri: Pss 141, 143 and 144:1-9 . . . . . 142, 144, 145:1-9
I Sun: Pss 144:10ff, 145, 146 and 147 . . . . . 145:10ff, 146, 147

COMPLINE

Daily: Psalms 4, 90, 133 . . . . . 4, 91, 134